

| | Monday | Tuesday | Wednesday | Thursday | Friday | |
|--------------|-------------|--------------|--------------|--------------|--------------|-----------|
| MS Track | No Practice | No Practice | 2:30-3:30 | 2:30-3:30 | 2:30-3:30 | Cafeteria |
| 7th Baseball | No Practice | 7:00-8:00 am | 7:00-8:00 am | 7:00-8:00 am | 7:00-8:00 am | |
| 8th Baseball | 8:30-9:30 | 8:30-9:30 | 8:30-9:30 | 8:30-9:30 | 8:30-9:30 | |
| 7th Softball | No Practice | 2:30-4:00 | 11-1230 OHS | 2:30-4:00 | 11-1230 OHS | |
| 8th Softball | No Practice | 5:15-6:45 | No Practice | 5:15-6:45 | 5:15-6:45 | |